

15 March 2017		ITEM: 10
Health and Wellbeing Overview and Scrutiny Committee		
Learning Disabilities Health Checks		
Wards and communities affected: All	Key Decision: Not applicable	
Report of: Jane Itangata, Senior Commissioning Manager – Mental Health & Learning Disabilities		
Accountable Head of Service: Mandy Ansell – Accountable Officer		
Accountable Director: Not applicable		
This report is: Public		

Executive Summary

Everyone with a learning disability aged 14 and over is entitled to have an annual health check. Health checks have been shown to identify health issues that were previously unknown in recognition that many people with a Learning Disability experience more health problems and have a lower life expectancy.

NHS England is responsible for commissioning directed enhanced services (DES) linked to national priorities and agreements. As directed, the opportunity to provide LD Health Checks under the DES is offered to all GP contract holders across Midlands and East (East).

As of 1st April 2017 the CCG entered into co-commissioning arrangements with NHS Public Health England to deliver the LD Health Checks. This has facilitated the opportunity for an alternative service to undertake health checks for people who cannot access these from their GP surgeries.

The co-commissioning between NHS England and Thurrock CCG has provided opportunity to use evidence and co-production techniques to design approaches that enhance activities available to support health check delivery and create sustainable arrangements that will be mainstreamed to ensure adequate coverage for delivery of quality health checks and implementation of the subsequent health plans. An action plan was developed to progress this undertaking (embedded below in appendices).

This report provides an update on the action plan.

1. Recommendation(s)

1.1 The Health and Wellbeing Overview and Scrutiny Committee are asked to note the progress made on the work plan to improve the quality and uptake of health checks by people with Learning Disabilities in Thurrock.

2. Introduction and Background

2.1 Reports have been presented previously to HOSC on 1st December 2015 and 16th February 2016 by NHS Public Health England giving background to the LD Health Checks Directed Enhanced Service (DES) agreement and performance in Thurrock and actions that would be taken to improve both quality and uptake of the checks.

A report was presented at HOSC on 15th September 2016 setting out the approach the CCG will undertake to improve the uptake and delivery of the health checks.

3. Issues, Options and Analysis of Options

3.1 NHS England is responsible for commissioning the Learning Disabilities Health Checks with surgeries. The arrangement with surgeries is voluntary and in 2015/16 only 44% of people registered with a Learning Disability in Thurrock received a health check.

3.2 30 surgeries signed up directly to deliver the health checks and the other 2 have signed up with the alternative provider (GP Hubs) to facilitate delivery via a Memorandum of Understanding (MOU). The arrangement with the Hubs promotes a seamless clinical pathway and provides options for people to access the checks outside of their surgery opening times.

3.3 The CCG is also working with Healthwatch to develop a communication plan to target especially people not known to services and ensure support to book and attend the appointments. Thurrock Lifestyle and the CCG have jointly developed an action plan highlighting the work that is being undertaken to ensure we can collaboratively promote uptake of the health checks.

3.4 Information provided by NHS Public Health England on the number of checks is based on claims made by surgeries therefore may not always represent the most up to date position. To ensure the work is monitored in a more targeted way the CCG's Primary Care Development team have a process in place to collate the data locally on a monthly basis.

3.5 The latest NHS England data extract as at 31/12/2016 indicates 167 checks have been undertaken in Thurrock. The local up to date data shows that 283 checks have been undertaken as of 28/02/2017.

3.6 The Primary Care Development team have commissioned additional resource to support the cleansing of the LD registers in the surgeries to ensure people with LD are identified and recorded on appropriate read codes. This exercise

is on-going and to date the number of people eligible for health checks in 2016/17 stands at 484 as of 28/02/2017.

3.7 As at 28/02/2017 the coverage is 58.5% of eligible people have had their health checks completed. The CCG has set itself an ambitious target of meeting 70%. The coverage in 2015-16 was 44%.

3.8 Appendix 1 summarises the RAG rated work plan that the CCG has developed in collaboration with Thurrock Lifestyle Solutions to deliver the LD health checks in Thurrock in 2016/17 and the progress made so far by surgeries.

4. Reasons for Recommendation

4.1 This paper is not for recommendation but for information and to update the Committee on the work plan that has been developed to deliver the LD health checks in Thurrock in 2016/17.

5. Consultation (including Overview and Scrutiny, if applicable)

5.1 N/A

6. Impact on corporate policies, priorities, performance and community impact

6.1 The expectation is this approach will improve the access to and quality of the health checks and promote better health outcomes for people with Learning Disabilities as a result of:

- the detection of unmet, unrecognised and potentially treatable health
- targeted actions to address health need.

7. Implications

7.1 Financial

N/A as NHS England commissioned

7.2 Legal

N/A – NHS England commissioned service within the legal framework of commissioning Enhanced Services (ES)

7.3 Diversity and Equality

N/A – NHS England QIA framework

7.4 **Other implications** (where significant) – i.e. Staff, Health, Sustainability, Crime and Disorder)

None

8. Background papers used in preparing the report

None

9. Appendices to the report

- Learning Disabilities Health Checks – Work Plan 2016/17
- Learning Disabilities Practice Update

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